

WEEKDAY BRUNCH MENU

TOAST sourdough, turkish, gluten free, nonies activated charcoal bread (gf) marmalade vegemite peanut butter honey jam	5.5 7	BUTTERMILK PANCAKES with maple syrup, fresh strawberries or banana + bacon 4 + sweet ricotta 3.5	19
BANANA BREAD + sweet ricotta and honey	8 11	SALMON CROQUETTES oven baked salmon, two poached eggs, meredith feta, hollandaise	23
SEASONAL FRUIT BOWL + natural yoghurt 2.5 + house granola 3.5	12	THE BIG ONE (sorry no alterations) eggs, crispy chats, pork and veal sausage, bacon, flat mushroom, roast tomato on sourdough toast	23
SUNRISE (since 2004) fresh seasonal fruits, bircher and low-fat yoghurt	14	THE BIG REG (sorry no alterations)	22
GRANOLA BOWL (v) house made granola with coconut yoghurt,	16	eggs, avocado, mushroom, roasted tomato, spinach, halloumi, toasted seeds, sourdough toast	
walnut cacao, fresh berries CHIA PORRIDGE	17	SALT & PEPPER CALAMARI asian slaw, lime, squid ink aioli	17
poached pear, toasted coconut, flaxseeds, smoked almonds, cocoa	17	BEER BATTERED BARRAMUNDI 'N' CHIPS chunky tartare, lemon, chips	24
HAPPY DAYS sourdough, rocket, fresh tomato, bacon, asparagus, parmesan and a poached egg	19	NORTH BEACH BURGER beef patty, lettuce, tomato, beetroot, cheese & zucchini pickle w chips	20
MEREDITH SMALLS meredith's goats feta, avocado smash, cherry tomatoes on sourdough toast + poached egg 3.5 + bacon 4	16	ZUCCHINI & MACADAMIA BURGER (v+) with melted nowra farmhouse brie, tomato, cos, herb mayo, beetroot served w chips	19
BREKKIE BOWL (gf)	18	STEAK FRITES minute steak, bernaise, fries	28
kale, quinoa, grilled seasonal greens, pickled shallot, hummus, avocado, smoked almonds + poached egg 3.5		MOULES MARINIERE (MUSSLES) white wine, fennel, parsley w garlic sourdough	24
BENNI w leg ham or SEMMI w smoked salmon	17 18	SALADS	
poached free range eggs on sourdough toast with spinach and hollandaise		ROAST LAMB SALAD salt bush flatbread, babaghanoush, fennel, cucumber,	23
local free-range pastured	11	pomegranate, yoghurt, macadamia dukkah	20
poached, fried or scrambled with toast: sourdough, turkish, gf, or nonies gf charcoa	I	AUTUMN VEG SALAD roast pumpkin, carrot, red onion, beetroot, freekah, soft herbs, honey cumin yoghurt	20
SIDES tomato relish/ hollandaise/ egg	3.5	+ chicken 6 + halloumi 4 + salmon 10	
mushies/ avocado/ hash brown (2) / halloumi/ bacon leg ham/ pork & veal sausage/ meredith feta smoked salmon		ATLANTIC SALMON & SALAD grilled seasonal greens, quinoa, romesco, shaved zucchini, toasted seeds, lemon dressing	26
SOMETHING SWEET /	,	A LITTLE EXTRA /	,
luxe muffins ricotta and blueberry flourless chocolate cake (gf) orange and almond cake (gf, df)	6 9 9	sourdough w extra virgin olive oil chips with ketchup or aioli garden salad	6 8 8