

breakfast.

all day

toast

sonoma sourdough or miche 6
gluten free or turkish 5
or nonies activated charcoal bread (gf) 7
somoma apple & currant 7
condiments: drunken sailor jam or marmalade
peanut butter, vegemite, honey

banana bread 9

+ sweet ricotta and honey 12

seasonal fruit bowl 11

+ natural yoghurt 2.5 | + coconut yoghurt 3
+ house made granola 3.5

the sunrise /since 2004

fresh seasonal fruits, bircher and low-fat
yoghurt 14

coconut granola bowl (vg) 16

house made granola, coconut yoghurt with rhubarb
and strawberry, toasted coconut, hemp seeds and
goji berries

the breakfast roll (v*) 15

smokey tomato relish with bacon, fried egg,
and spinach on a milk bun with a hash brown
*sub bacon for halloumi

benni w leg ham 18

semmi w smoked salmon 19
poached free range eggs, sourdough, miche
or turkish, spinach, house hollandaise

eggs 11

kangaroo valley free-range pastured eggs
poached, fried or scrambled
served with toast: sonoma sourdough or miche,
turkish, white gf or nonies gf charcoal

sides

smokey tomato relish/ spinach/
roast tomato/ hollandaise/ egg 3.5
mushies/ avocado/ hash brown (2) 4
halloumi/ leg ham 4
bacon/ sausage/ meredith feta 5
smoked salmon 6.5

buttermilk pancakes 20

maple syrup, fresh strawberries or banana
+ bacon 5 + sweet ricotta 3.5

salmon croquettes 23

oven baked salmon, two poached eggs,
meredith feta, house hollandaise

the big one 24

eggs, smashed chats, sausage, bacon,
mushrooms, roasted tomato, sourdough toast
(sorry no alterations)

the big reg 22

eggs, avocado, mushrooms, roasted tomato,
spinach, halloumi, smashed chats, sourdough toast
(sorry no alterations)

meredith smalls (v*) 16

meredith's goats feta, avocado smash, cherry
tomatoes, toasted seeds, lemon, sourdough
+ poached egg 3.5 + bacon 4

savvy session (v*) 20

seasonal greens, herbs, sheep's feta, avocado,
crushed roasted almonds, grain and two poached
kangaroo valley free-range pastured eggs

bobby burrito 18

bacon, chorizo, scrambled egg, refried beans,
brown rice, tomato, avocado, spinach
with drunken sailor jalepeno & tequila relish

shrooms 19

whipped ricotta, mixed mushrooms, white truffle
oil, chives, poached egg, sourdough

the other goods

luxé bran muffins 6
cakes (by the slice)
and a selection of baked goodies
you should ask your waiter about!

pure pops. all natural ice blocks 4.5

